

# LEADERSHIP PRESENCE

Personal Impact & Peak Performance

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## Olivier Mythodrama Overview

Our work is a unique mixture of great stories, leadership development theory, archetypal characteristics and techniques from theatre that we weave together to create impactful, insightful and practical experiential learning.

Archetypes are the underlying characteristics of human nature and experience that are, often invisibly, 'running the show'. They deeply inform the character that leaders present to the world and the culture of teams and organisations. The better you understand these underlying characteristics and the more consciously you use them, the more effective you will be as a leader.

## Programme Overview

Everyone has days, meetings and presentations where they perform at a high level. At such times you feel on top of your game, in an easy flow of thought, feeling and action. Occasionally you will also arrive in 'the zone' of peak performance. Here you are effortlessly inspirational, and experience full access to your vitality, imagination and clarity of insight.

You radiate Presence and connect easily with all around you, but can you access this level of performance consistently and at will? We help leaders build on their talents for inspirational impact and increase effectiveness in everything they do. You will bring a short presentation as a live case study to measure your progress at the beginning and end of the programme.

## Programme Benefits

Participants develop their own unique style of authentic presence while learning how to communicate with confidence and purpose - and can then apply this in all areas of their leadership.

## Leadership Archetypes In This Programme

### Leading Archetypes:

- Sovereign
- Storyteller
- Nurturer
- Lover



## Programme Outline

### Introduction - The Fundamentals of Presence

- Key Archetypes to enable Leadership Presence
- Initial presentations and feedback
- The Body as an Instrument - the Physical Self
- Practical exercise in relaxing, grounding and being centred.

### PART 1: Sovereign - The Visionary Self

- Learning to be visible and comfortable being centre stage and being seen by many people
- Owning and radiating a sense of purpose
- Communicate a vision that others can follow

### PART 2: Storyteller - The Mental Self

- Creating a compelling narrative that we can then communicate
- Exploring the 'Inner Critic' - the voices that may undermine us

### PART 3: Nurturer - The Emotional Self

- Exercise to explore empathy and level of comfort with emotion
- The ability to care and to show it appropriately

### PART 4: Lover - The Relational Self

- Connecting with the audience
- Using charm effectively

### PART 5: Breakthrough Coaching

- Each participant receives an individual, in-depth 'breakthrough' coaching session to 'rehearse in' the underdeveloped Archetype(s) or address another 'performance block' of their choice
- Turning the Inner Critic an Inner Coach

### Epilogue

- Develop a personal action plan to rehearse Leadership Presence
- Final presentations and feedback



If you have any other questions you'd like answered, contact us:  
**+44(0)2073867972**  
**info@oma.uk.com**