

# Authentic Leadership

## Leadership Lessons from The Grail Quest

### Programme outline

- Exercises to assess personal and collective current access to Archetypes

#### **PART 1:**

- Honouring our origins - defining the shaping forces in early life
- The call to adventure - the motivation(s) to leave home

#### **PART 2:**

- Earning our Spurs - early successes, what archetypes did we draw on to prove ourselves?
- Making sense of failure - essential learnings we picked up along the way

#### **PART 3:**

- Reflective practice - mentoring the psyche and the soul
- Identifying a current key block or challenge in leadership or life

#### **PART 4:**

- Breakthrough small group coaching sessions – to overcoming the challenge

#### **PART 5:**

- Aligning self and purpose in service to something greater

